

St Thomas' Methodist Church, Lampeter

WELCOME TO WORSHIP !

A special welcome is extended to visitors

Sunday 7th January

10.30am

**Covenant Service
and Communion**

led by the

Rev Marty Presdee

Refreshments after the service

**Please note there is no
Ecumenical Service
at Llanina Church today**

Prayer Time

10.05 - 10.25am

Prayer Meeting upstairs before the service.

Please join us for as long a time as you wish.

Communion

Please note the communion elements are gluten-free bread and non-alcoholic wine

Monday 8th January

7.30pm Narcotics Anonymous

Tuesday 9th January

10am - 12 noon Coffee Morning

7pm British Heart Foundation Meeting

Wednesday 10th January

2pm - 4pm Lampeter Macular Support Group
Speaker: Kate Hughes from
the Older Peoples' Commissioner
Department - All welcome

7 - 8.30pm 'Staying Centred' Course

Thursday 11th January

12 noon - 2pm Student Lunch

Friday 12th January

11am Bible Study at Bet Holmes' home

The group has decided they want to look at Genesis. We will be starting today and meeting again on the 26th. It's very informal, with plenty of coffee and chat, and sometimes cakes. New people are welcome!
Pob bendith, Bet

Saturday 13th January

10 - 11.30am Lampeter Rainbows' Meeting

Sunday 14th January

10.30am Morning Service led by the
Rev Phillip Poyner

Christmas Fun Quiz

The deadline for returning answer sheets to Janet Davies is **Sunday 14th January**. Copies are still available at the back of the church and cost £2. All proceeds are for The Rhoda Chidongo Scholarship.

Tuesday 16th January

12 noon Ecumenical Bible Study Group
Bring and Share lunch hosted by
Janet and Rhys Davies.

Sunday Notices

Information for the Sunday notices should be given to Janet Davies by **Wednesday** of each week.