

St Thomas' Methodist Church, Lampeter

## **WELCOME TO WORSHIP !**

A special welcome is extended to visitors

### **Sunday 4<sup>th</sup> February**

10.30am

#### **Morning Service and Communion**

led by the

**Rev Marty Presdee**

2.30pm

#### **Ecumenical Service**

**at Llanina Church**

led by the

**Rev Roger Hides**

and the

**Rev Dr Matthew Baynham**

Refreshments after both services

## Communion

Please note the communion elements are gluten-free bread and non-alcoholic wine.

## Prayer Time

10.05 - 10.25am

Prayer Meeting upstairs before the service.  
Please join us for as long a time as you wish.

Today's flowers are donated by Hilary Davies

## Monday 5<sup>th</sup> February

6.30 – 7.45pm Letting : Yoga Class  
7.30pm Letting : Narcotics Anonymous  
7.30pm Book Club at the home of Roger Smith  
Book of Joy by  
Desmond Tutu and the Dalai Lama

## Tuesday 6<sup>th</sup> February

10am – 12 noon Coffee Morning  
2pm Ecumenical Bible Study Group  
No meeting this week

## Thursday 8<sup>th</sup> February

12 noon - 2pm Student Lunch

## Saturday 10<sup>th</sup> February

10 – 11.30am Letting: Lampeter Rainbows' Meeting

## Sunday 11<sup>th</sup> February

10.30am Morning Service led by  
Deacon Sara Windsor-Hides

## SHROVE TUESDAY

## PANCAKE COFFEE MORNING

## AND SALE

13<sup>th</sup> February

9.30am - 12 noon



**Books : Jigsaws : Bric-a-Brac : Cakes**

**Donations of cakes and bric-a brac welcome**

**No charge but donations welcome for**

**The Rhoda Chidongo Scholarship**

## Sunday Notices

Information for the Sunday notices should be given to Janet Davies by **Wednesday** of each week.

