

Minister: Rev Roger Hides  
www.ceredigionmethodists.org.uk

---

**NOTICES FOR THE WEEK BEGINNING**

**Sunday 28th January**

---

– Services and preachers for today –

**St Paul's, Aberystwyth:**

Please join others in a quiet time of reflection, meditation, and personal prayers of thanks and intercession in the *half hour prior to the morning service* upstairs in Room 2.

**St Paul's Aberystwyth:**

**10.30 am in English** – Lavina Porter

**10.30 am in Welsh** – Rev Marty Presdee

**6.00 pm [Traditional]** – At Holy Trinity church

**6.00 pm [Open Space]** – Chris Price

**2.15 pm – Hafan Y Waun** – Sara Windsor-Hides

**2.30 pm - Tregaron [at Tregaron]** – Rev Marty Presdee

*Please note that our Communion bread is gluten-free and our 'wine' is non-alcoholic.*

---

**THIS WEEK** (at St Paul's unless stated otherwise)

Weekdays	11am -1.30pm.....	Coffee Bar + light lunches
Weds	7.30 pm.....	InDeed
Thurs	11am -1.30pm.....	Pay-As-You-Feel Café
	7.30 pm.....	Music Group
Fri		NO SINGERS' practice this week
Sat	10.00 am .....	Messy Church meeting

---

**A telephone prayer chain** of volunteers is available to pray for you and for those for whom you are concerned.

If you need them, please phone any of the following:

Yvonne Bonner; Norma and David Green; Heather Jones; Margaret Jones; Liz Lee;  
Sara Windsor-Hides

---

- **Gift Aid and Envelope Giving**

ALL GIFTS TO THE WORK OF THE CHURCH ARE GREATLY APPRECIATED, HOWEVER THEY ARE GIVEN!

But it is possible to make your support more effective...

*Please* would you consider making your regular giving or your single donations to the Church by **Gift Aid**. **This is because the church gains an additional 25% on top of what you give, if you are a regular tax payer.**

It won't take long; you simply complete a straightforward one-page form. **It takes less than three minutes to complete and I would be very happy to guide you through it.**

While some people prefer to give by direct debit or by standing order, there's another easy method: putting your donation in a special envelope each week (if you're away for a week or so that's no problem, as you can just put the missed weeks' money in when you're next at a service).

So, if you do not do so already, **please would you consider whether you could give regularly to the church through the envelope scheme?** I have a set of envelopes I can give you for the new year of 2018.

If you would like to discuss helping the church by signing up to Gift Aid or by regular giving through weekly envelopes, please have a word with me, David Billingsley (Envelope and Gift Aid Secretary). **Thank you so much.**

- **The new flower rota is now up on the notice board in the concourse.** Please sign up if you would like to sponsor or bring flowers to celebrate something, or in commemoration, or just for joy in the colours of the season. We are grateful to all those who take a turn to arrange a vase for the services and would love it if others would like to volunteer. The flowers can be left to brighten the concourse, where so many people meet in the week, or given to someone in appreciation and love. Please let me know if you think of someone, who would like some flowers (not necessarily the ones from church.) Meanwhile, watch out for snowdrops, primroses, daffodils and catkins already coming to herald the Spring!
- As you can see from the front page of these Notices, the **Thursday Pay-as-you-Feel lunchtime café** is still going strong! Over the past few months we have been turning supermarket surplus food (mainly vegetables; no raw meat or fish), still perfectly good to eat but otherwise likely to be thrown away, into tasty meals, as well as providing a welcoming place for people to meet and eat, and where money isn't a barrier to getting a good meal. And people have kept on coming! Come and join us – all helpers welcome too! We'd be delighted to see you! We start serving food at 12 noon ((though you're welcome to drop in for tea and coffee before that). *And whether you can come or not, please continue to pray for people to come and enjoy a meal and feel welcome as part of a fruitful collaboration between church and wider community.*
- **The Singers** will not be meeting on Feb 2nd.

- **Action for Children** will be holding a Spring Coffee morning on Saturday 19th May. So if you are spring cleaning, please keep your books safe for our book stall, or if making preserves, likewise! **Thank you for your continued support for needy local children.** 1
- **The planning meeting for Messy Church will take place on 3rd February** at 10:00am in St Paul's. It's always really worthwhile to get together and share ideas, so please come if you can. If you can't make it to the meeting but wish to help on the day, please let Ann Price know. If you think that Messy Church is not for you, you can still make a valuable contribution by praying for the event and for the families who come regularly as well as any new comers who might come.
- **Tuesday 6th February:** If we were asked what we know about Suriname many of us would have to reply 'not much'. The annual WWDP service this year (Friday 2nd March) gives us a chance to find out a little more about this interesting country and give our support to the women of Suriname who have prepared the service on the theme 'All God's Creation is Very Good'. We are aware that our responsibility for and care of the environment are subjects of prime importance in the world today. **Ann Price will lead a preparatory Bible study on the theme on Tuesday 6th February in the Octagon at 7.30pm.** Please support this if you are able. Men will also be very welcome.
- The **next Messy Church** will be on 10th February. If you are available and would like to be involved this time, please let Ann Price know. We will be exploring Lent, so if you have any great ideas for activities on this theme please do share them!
- **Charity Photograph** calendars still for sale in aid of LATCH! Please speak to Harriet, or contact her by email at [hmsproductions@live.co.uk](mailto:hmsproductions@live.co.uk) or call 07376 389362.
- If anyone would like to provide **cakes and snacks for P & P** (approximately 30 students, so it's great if several people could contribute a little) at the Manse during term time, 7.45 pm start, please sign up on the list in the concourse. Feel free to share with somebody else. Many thanks, Sara.
- **Weekday Coffee Bar Volunteers** needed! Even just once a month could make a huge difference to the rota and it's such a valuable service to the community, including to new students, and to visitors. If interested, please contact Jenny Smith.
- **And just as importantly...** Please add your name to the rota on the notice board if you would like to help serve coffee **after morning services**. *The time after the morning service is so valuable for giving everyone in the church family the chance to hear about each other's news and problems and to welcome any visitors and newcomers, so please bear in mind that no volunteers means no coffee.*

**- PLEASE LET US KNOW IF YOUR NOTICE SHOULD BE DISCONTINUED -**

<p>These notices can be made available in a large print format. Please tell us if you would like a copy printed next week.</p>
--

<p><b>Have the notices sent to your inbox!</b></p>
--

If you would like to join the *circulation list* for a weekly email copy of the notices, please send an email request to [stpaulsnotices@hotmail.com](mailto:stpaulsnotices@hotmail.com) or speak to Neil Taylor

Please send notices for the next copy ...

... before *midday* of Wednesday either by

(PREFERABLY) emailing\* them to: [stpaulsnotices@hotmail.com](mailto:stpaulsnotices@hotmail.com)

If you *cannot* use email you may leave them in the 'N' or 'Notices' pigeon-hole at St Paul's, or post them to 'NOTICES, St Paul's Methodist Centre, Queen's Road, Aberystwyth'

\* (If you are looking at this online, please do **not** submit new notices by replying to the mailing list)

**Please let us know when any notice should be discontinued!**

---

**Lectionary readings this week:**

Deuteronomy 18:15-20 \* Psalm 111 \* 1 Corinthians 8:1-13 \* Mark 1:21-28  
(from: [lectionary.library.vanderbilt.edu/Revised Common](http://lectionary.library.vanderbilt.edu/Revised Common))

---

**– Services and preachers for next Sunday**

**St Paul's Aberystwyth:**

**10.30 am in English** – Rev Roger Hides

**10.30 am in Welsh** – At Bethel

**6.00 pm [Traditional]** – Ruth Gooding

**6.00 pm [Open Space]** – Rev Marty Presdee

**2.15 pm – Hafan Y Waun** – Rev Heather Evans

**2.30 pm Tregaron [Bont]** – Dionne Sherwood

---

**Room bookings in St Paul's:** If you would like to book a room in St Paul's – either for a church meeting or for use by an outside organisation – please contact the Bookings Secretary, Ruth Flatman, on:

Email: [stpaulsbookings@gmail.com](mailto:stpaulsbookings@gmail.com)

Booking information including room hire charges can be found at:

[www.ceredigionmethodists.org.uk](http://www.ceredigionmethodists.org.uk) / [twitter.com/stpaulsaber](https://twitter.com/stpaulsaber) / [facebook.com/stpaulsaber](https://facebook.com/stpaulsaber)

---