

---

St Paul's Methodist Centre ☩ Tregaron Church ☩

---

Minister: Rev Roger Hides  
www.ceredigionmethodists.org.uk

---

## NOTICES FOR WEEK BEGINNING

### Sunday 22nd October 2017

---

– Services and preachers for today –

#### St Paul's, Aberystwyth:

Please join others in a quiet time of reflection, meditation, and personal prayers of thanks and intercession in the *half hour prior to the morning service* upstairs in Room 2.

#### St Paul's Aberystwyth

**10.30 am** – Sara Windsor-Hides

**6.00 pm** [Traditional] – At St David's

**6.00 pm** [Open Space] – Chris Price – Dinner Church

**2.15 pm** – **Hafan Y Waun** – Rev Marty Presdee

**Tregaron [at Tregaron] at 2.30 pm** – Sara Windsor-Hides

*Please note that our Communion bread is gluten-free and our 'wine' is non-alcoholic.*

---

#### THIS WEEK (at St Paul's unless stated otherwise)

Tues	2.30 pm.....Fellowship Group
	8.00 pm.....Methsoc P&P
Weds	7.30pm .....InDeed
Thurs	11am -1.30pm .....Pay as you feel café
	7.30 pm.....Music Group
Fri	7.15 pm.....Singers

---

**A telephone prayer chain** of volunteers is available to pray for you and for those for whom you are concerned.

If you need them please phone any of the following:

Yvonne Bonner; Norma and David Green;

Heather Jones; Margaret Jones; Liz Lee;

Sara Windsor-Hides

---

- **Everyone is warmly invited to tonight's third Dinner Church at the 6.00 pm Open Space service this evening.** Come along to enjoy a communal meal during which we will share worship and fellowship. This is part of the current Open Space theme: 'The fruits of the Spirit'.
- **The Singers will be meeting on Friday, Oct. 27th, at 7.15pm. All welcome!**
- **DBS checks.** Roger will be available in St Paul's on Monday 6th November between 7 and 8pm to verify documentation for DBS checks. If you think you need to renew your DBS and have not already received an email about this (or if you're not sure) please have a word with Roger or with Ann Price. **IMPORTANT:** You will need to start the process on-line (it's quick and simple!) before coming in with your documents.
- **Brand new! We now have a St Paul's Facebook Page!** We're still looking for volunteers to help run and contribute to the page, so if you'd like to get involved please contact Harriet at [hmsproductions@live.co.uk](mailto:hmsproductions@live.co.uk) Find us at [facebook.com/stpaulsaber](https://facebook.com/stpaulsaber) and don't forget to like and share the page!
- **Weekday Coffee Bar Volunteers needed!** Even just once a month could make a huge difference to the rota and **it's such a valuable service to the community, including new students, and to visitors.** If interested please contact Jenny Smith.
- *Many thanks to all who support Action for Children.* Between February and September 2017, the Church group has raised £1,250.
- Please join us for tea and fellowship in the **Tuesday Friendship Group** on October 24th when Mike Gooding will be speaking. All welcome.
- **Might you be able to give an occasional lift** to Jenny-Joanna and David, from Llanilar to church, on a Sunday morning? David, her husband, will be with her to help her get into your car and also to get her chair, which folds down, into your boot.
- Sadly, Jenny-Joanna and David are once more having to look for suitable accommodation, and are **urgently seeking an adapted property**, either temporary or long-term, from 31st October, when they have to move out of their present house.
- **Mags, Mags, Mags!** Residents at Hafan y Waun would dearly like to benefit from your old magazines - whether they are subscriptions, periodicals

or weekly chat mags. i.e. Farmers Weekly, Hello, Cosmopolitan, Camping Club, Gardeners world, etc. etc. etc. Please leave bag marked for Lynne Farrow near the pigeon holes. Many thanks.

- **On Sunday, 5 November**, we (Sue and Jonathan) are inviting people to **Open Space** at our house, Awel y Gors, Llancynfelyn, starting at 6 p.m. and followed by a bonfire and supper. The invitation is open to all. We'd love to see you. If you would like to come please let me know for catering numbers, and if you need directions and/ or a lift phone me
- If anyone would like to provide cakes and snacks for **P & P** (approximately 30 students) at the Manse during term time, 7.45 pm start, please sign up on the list in the concourse. Feel free to share with somebody else. Many thanks, Sara
- **Advent Boxes...** Messy Church would like to encourage members of the Messy Church congregation, and others, in their discipleship by sending home Advent Boxes. Each box (a shoebox!) would contain a small Nativity set, a version of the Nativity story and a prayer activity. The idea is that each family would keep the box for a few days and then pass it on to the next family. We hope that the boxes find their way back to St Paul's in time for Christmas. If you would like to take part and receive one of these boxes for a few days, please either sign the list on the notice board, or email Ann Price. (anninaber@gmail.com). In order to work out a sensible route for the boxes on their Advent journey we need to know your family name and where you live (name of village or area - not full address). If you know of another family taking part, and you see them frequently and know it would be easy to pass a box onto them, or receive one from them, please tell us their family name as well. Please pray that God would use these boxes to help our families to focus on the reality of Emmanuel, God with us, during all the rush and business of getting ready for Christmas.
- **Safeguarding:** The Independent Inquiry into Child Sexual Abuse are setting up the *Truth Project*. They would like to hear from anyone who was sexually abused as a child and let down by an organisation that should have protected them. There is a poster on the notice board with more information. If you wish to contact them you can visit the website - [www.iicsa.org.uk](http://www.iicsa.org.uk) - or phone 0800 917 1000

---

- Please let us know if your notice should be discontinued -

---

These notices can be made available in a large print format.  
Please tell us if you would like a copy printed next week.

**Notices sent to your Inbox**

If you would like to join the *circulation list* for a weekly email copy of the notices, please send an email request to [stpaulsnotices@hotmail.com](mailto:stpaulsnotices@hotmail.com) or speak to Neil Taylor

Please send notices for the next copy ...

... before *midday* of Wednesday either by

(PREFERABLY) emailing\* them to: [stpaulsnotices@hotmail.com](mailto:stpaulsnotices@hotmail.com)

If you *cannot* use email you may leave them in the 'N' or 'Notices' pigeon-hole at St Paul's, or post them to 'NOTICES, St Paul's Methodist Centre, Queen's Road, Aberystwyth'

\*(If you are looking at this online, please do **not** submit new notices by replying to the mailing list

Please let us know when any notice should be discontinued.

**Lectionary readings this week:**

Exodus 33:12-23 \* Psalm 99 \* 1 Thessalonians 1:1-10 \* Matthew 22:15-22

(from: [lectionary.library.vanderbilt.edu/Revised Common](http://lectionary.library.vanderbilt.edu/Revised Common))

---

**– Services and preachers for next Sunday –**

**St Paul's Aberystwyth**

**10.30 am** – Rev Roger Hides & Ann Price – bilingual service

**6.00 pm** [Traditional] – Bet Holmes

**6.00 pm** [Open Space] – Rev Roger Hides – Dinner Church with Communion

**2.15 pm** – **Hafan Y Waun** – Rev Heather Evans

**Tregaron [at Bryntirion] at 2.00 pm** – Rev Roger Hides

---

**Room bookings in St Paul's:** If you would like to book a room in St Paul's

– either for a church meeting or for use by an outside organisation –

please contact the Bookings Secretary, Ruth Flatman, on:

Email: [stpaulsbookings@gmail.com](mailto:stpaulsbookings@gmail.com)

Booking information including room hire charges can be found at:

[www.ceredigionmethodists.org.uk](http://www.ceredigionmethodists.org.uk) / [twitter.com/stpaulsaber](https://twitter.com/stpaulsaber)

---