

Minister: Rev Roger Hides
www.ceredigionmethodists.org.uk

NOTICES FOR WEEK BEGINNING

Sunday 12th November 2017

– Services and preachers for today –

St Paul's, Aberystwyth:

Please join others in a quiet time of reflection, meditation, and personal prayers of thanks and intercession in the *half hour prior to the morning service* upstairs in Room 2.

St Paul's Aberystwyth

10.30 am in English – David Lowe

10.30 am in Welsh – Rev Marty Presdee (Communion service)

6.00 pm [Traditional] – Rev Roger Hides (Communion service)

6.00 pm [Open Space] – Dionne Sherwood

2.15 pm – Hafan Y Waun – Sara Windsor-Hides

2.30 pm Tregaron [at Tregaron] – Bet Holmes

Please note that our Communion bread is gluten-free and our 'wine' is non-alcoholic.

THIS WEEK (at St Paul's unless stated otherwise)

Tues	8.00 pm.....	Methsoc P&P
Weds	7.30 pm.....	InDeed
Thurs	11am -1.30pm.....	Pay-As-You-Feel Café
	7.30 pm.....	Music Group
Fri	7.00 pm.....	Rhydyfelin House Group
	7.15 pm.....	Singers

A telephone prayer chain of volunteers is available to pray for you
and for those for whom you are concerned.

If you need them please phone any of the following:

Yvonne Bonner; Norma and David Green;

Heather Jones; Margaret Jones; Liz Lee;

Sara Windsor-Hides

- Come along to join in with **the Singers on Fridays at 7.15** for an hour of joyful singing.
- **Ceredigion Circuit Day of Reflection.** Come along to Pontrhydfendigaid Village Hall on Saturday 18th November between 10.00 am and 4.00 pm to consider some Advent themes with the local preachers, before Advent begins. Come, share and reflect on how we can make our spiritual preparations for Christmas. All are warmly welcome to join us. Please bring a packed lunch.
- **ACTION FOR CHILDREN CHRISTMAS COFFEE MORNING**
You are invited for a convivial coffee on Saturday 25th November 10.00-12.00 at St. Pauls, in aid of children in this area, many of whom are struggling with responsibilities beyond their years, and need support.
 There will be books, cakes, mince pies, cards etc. and jolly company. Save yourself baking and come and buy delicious (freeze-able!) home-made fare in aid of a great cause.
 This is a good time to clear out the books you have read, and children's games and puzzles, which others might enjoy. Contributions to other stalls also welcome. Items may be dropped off at 6.00pm on Friday 24th, or left and labelled. Tickets for sale for only £1 from committee members from this Sunday (John Thomas, Dorothea Havard, Sue Barclay, Liz Nicol and Liz Lee). Donations of money also gratefully received.
Thanks to all of you, on behalf of the children, for your continued support.
- **Advent Boxes...** Messy Church would like to encourage members of the Messy Church congregation, and others, in their discipleship by sending home Advent Boxes. Each box (a shoebox!) would contain a small Nativity set, a version of the Nativity story and a prayer activity. The idea is that each family would keep the box for a few days and then pass it on to the next family. We hope that the boxes find their way back to St Paul's in time for Christmas. If you would like to take part and receive one of these boxes for a few days, please either sign the list on the notice board, or email Ann Price. (anninaber@gmail.com). In order to work out a sensible route for the boxes on their Advent journey we need to know your family name and where you live (name of village or area - not full address). If you know of another family taking part, and you see them frequently and know it would be easy to pass a box onto them, or receive one from them, please tell us their family name as well. Please pray that God would use these boxes to help our families to focus on the reality of Emmanuel, God with us, during all the rush and business of getting ready for Christmas.
- **The next Messy Church** will be on **Saturday 2nd December**. Please let Ann Price know if you would like to be involved, and please remember to pray for Messy Church and the families who attend.

- **Our thanks to all those who turned out** for Open Space and the bonfire last Sunday. We all enjoyed the worship and spending time with each other. There are 2 lost property items: 1 pair black wool fingerless mittens and I FLUID black full-length coat with hood. (Will leave the coat on the coat hooks in church on Sunday.) Sue Peterson.
- **Safeguarding:** The Independent Inquiry into Child Sexual Abuse are setting up the *Truth Project*. They would like to hear from anyone who was sexually abused as a child and let down by an organisation that should have protected them. There is a poster on the notice board with more information. If you wish to contact them you can visit the website - www.iicsa.org.uk - or phone 0800 917 1000.
- **Brand new! We now have a St Paul's Facebook Page!** We're still looking for volunteers to help run and contribute to the page, so if you'd like to get involved please contact Harriet at hmsproductions@live.co.uk
Find us at facebook.com/stpaulsaber and don't forget to like and share the page!
- **Might you be able to give an occasional lift** to Jenny-Joanna and David, from Llanilar to church, on Sunday mornings? David, her husband, will be with her to help her get into your car and also to get her chair, which folds down, into your boot.
Also... Sadly, Jenny-Joanna and David are **urgently having to find an adapted property**, either temporary or long-term.
- **Weekday Coffee Bar Volunteers needed!** Even just once a month could make a huge difference to the rota and **it's such a valuable service to the community, including new students, and to visitors**. If interested, please contact Jenny Smith.
- If anyone would like to provide **cakes and snacks for P & P** (approximately 30 students) at the Manse during term time, 7.45 pm start, please sign up on the list in the concourse. Many thanks, Sara
- **Fairtrade Chocolate Advent Calendars.** Place your orders now - there are 3 to choose from: The Real Advent Calendar (a chocolate behind every door plus a mini Christmas story booklet - £3.99) and two from Divine also with a chocolate behind every door - milk (£3.99) and dark (£4.99). Order from Arnold without delay.
- The **Rhydyfelin House Group** will continue on Friday 17th November at 7pm, at Jenny and Arnold Smith's House. We start with a bring-and-share meal and then go on to bible study/discussion followed by prayer. Generally, we contemplate some relevant and pithy questions from the Methodist Church web site. All are welcome. For more information contact Arnold or Jenny.

- **ON SUNDAY DECEMBER 3RD AT 3PM**, our minister, Roger, will be leading the service in the Faith Room at the hospital. If anyone would like to join him at that service, you would be very welcome.
- **ON WEDNESDAY DECEMBER 6TH AT 7PM**, there will be a BIG Carol Service in the Great Hall. The guest speaker is J. John. If you haven't heard of him, look him up on Google. He is a very gifted communicator, and has led many large and small outreach events. The Christian Union, the local Churches and the community are partnering together to plan and lead this service. There are 4 opportunities to be involved:
 - 1) **Join a group praying for the event.** The first of these prayer meetings will be here at St Paul's, on Saturday 11th November, at 7pm, and the second will be Tuesday 14th November, at 8am at St Mike's. (Please be praying about it anyway, whether or not you want to be part of the prayer meetings.)
 - 2) **Join a choir** drawn from several Churches around the town, plus students. The first rehearsal will be here at St Paul's on Thursday 16th November, at 7pm in the Octagon.
 - 3) **Become part of a "response team"**, who will be at the Carol Service to help with anyone who makes a response; this will involve taking people to a side room, praying with them, and making a note of their details so they can be linked to a local Church. There is training for this, and the next one is being offered on Monday 20th November, from 6-7pm, at Elim.
 - 4) **Please be praying about who you could invite**, and be prepared to bring them along. This isn't just a Carol service for Christian believers - it's for the community, and is specifically an outreach event. So plan to bring someone else along.

There will be more details in future Notices. If you can help, particularly with 2 & 3 above, please have a word with me.

Thanks, God bless, Roger
- **ALL KITCHEN USERS:** Several groups and activities use the kitchen on a regular basis, which puts immense pressure on the available space in the fridge and freezer. It is vital that good food safety practices are implemented at all times.

Freezer: Regretfully the freezer can only be used by the coffee bar. The only exception to this is if you bring ice-cream for a particular event and it needs to be kept frozen. Please dispose of any remaining ice-cream as you see fit. Any items left in the freezer not for coffee bar use will be disposed of.

Fridge: The coffee bar has priority. Any other groups preferably should dispose of surplus food as they see fit. Any food left by other groups must be labelled and dated, and if opened can only be kept for 3 days. If unlabelled and undated it will be disposed of. There is a second fridge in Room 3 that is available for use but its temperature control is unreliable.

It is also **good practice** to keep things tidy, so please can everyone put things back where they found them rather than just anywhere. If you do that someone else has to sort it all out! If you have any queries please contact Jenny Smith.

These notices can be made available in a large print format.
Please tell us if you would like a copy printed next week.

Notices sent to your Inbox

If you would like to join the *circulation list* for a weekly email copy of the notices, please send an email request to stpaulsnotices@hotmail.com or speak to Neil Taylor

Please send notices for the next copy ...

... before *midday* of Wednesday either by

(PREFERABLY) emailing* them to: stpaulsnotices@hotmail.com

If you *cannot* use email you may leave them in the 'N' or 'Notices' pigeon-hole at St Paul's, or post them to 'NOTICES, St Paul's Methodist Centre,

Queen's Road, Aberystwyth'

* (If you are looking at this online, please do **not** submit new notices by replying to the mailing list)

Please let us know when any notice should be discontinued!

Lectionary readings this week:

Joshua 24:1-3a, 14-25 * Psalm 78:1-7 * 1 Thessalonians 4:13-18 * Matthew 25:1-13
(from: lectionary.library.vanderbilt.edu/Revised Common)

– Services and preachers for next Sunday –

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10.30 am in Welsh – Rev Roger Hides

6.00 pm [Traditional] – Joint service at St David's church

6.00 pm [Open Space] – Rev Roger Hides

2.15 pm – Hafan Y Waun – Rev Roger Hides / Sara Windsor-Hides (Communion)

2.30 pm Tregaron [at Tregaron] – Ann Price

Room bookings in St Paul's: If you would like to book a room in St Paul's – either for a church meeting or for use by an outside organisation – please contact the Bookings Secretary, Ruth Flatman, on:

Email: stpaulsbookings@gmail.com

Booking information including room hire charges can be found at:

www.ceredigionmethodists.org.uk / twitter.com/stpaulsaber
