

Minister: Rev Roger Hides  
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## NOTICES FOR WEEK BEGINNING

### Sunday 5th November 2017

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– Services and preachers for today –

#### St Paul's, Aberystwyth:

Please join others in a quiet time of reflection, meditation, and personal prayers of thanks and intercession in the *half hour prior to the morning service* upstairs in Room 2.

**10.30 am in English** – Chris Price

**10.30 am in Welsh** – Rev Jennifer Hurd (Gyda Bethel)

**6.00 pm** [Traditional] – At St David's Church

**Meet at St Paul's at 5.40 pm** for lifts to Open Space – Sara Windsor-Hides

– Dinner Church and *bonfire party at Sue and Jonathan's home* – please come along to the church to give or to have a lift.

**2.15 pm – Hafan Y Waun** – Rev Jennifer Hurd

**2.30 pm Tregaron** [at Tregaron] – Rev Roger Hides – Communion Service

*Please note that our Communion bread is gluten-free and our 'wine' is non-alcoholic.*

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#### THIS WEEK (at St Paul's unless stated otherwise)

Tues	2.30 pm.....	Friendship group
	8.00 pm.....	Methsoc P&P
Weds	7.30 pm.....	InDeed
Thurs	11am -1.30pm.....	Pay as you feel café
	7.30 pm.....	Music Group
Fri	7.15 .....	Singers

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**A telephone prayer chain** of volunteers is available to pray for you and for those for whom you are concerned.

If you need them please phone any of the following:

Yvonne Bonner; Norma and David Green;

Heather Jones; Margaret Jones; Liz Lee;

Sara Windsor-Hides

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- **Everyone is warmly invited to tonight's extra special Dinner Church / Bonfire Party / Open Space service.** This is part of the current Open Space theme: 'The fruits of the Spirit' and will take place **at Sue and Jonathan's home.** **Meet at St Paul's at 5.40 for a lift (or to offer lifts, please, if you have a car).** Remember to dress for being outdoors in the dark countryside! i.e. wear warm clothes, boots/ wellingtons.

Directions: Go up Penglais Hill, passing the university on right, then carry straight on the road north in the direction of Machynlleth. After Bow St. and Talybont, the next village is Taliesin. After the TRE TALIESIN sign post on the left, take the 2nd road turning left, then carry straight ahead for 1 1/2 miles on a narrow road. Turn left at the wide entrance named Plas Gwynfryn Hall. We will tie some balloons there. There is a white house close by. Continue straight ahead down drive-way. Go through a white-posted gateway and down the drive to Awel y Gors.

We will take collections for the charity Care for Uganda and the health care programme they support. There will also be a table of crafts from Uganda.
- **Christian Aid.** The November Bread & Cheese Lunch will be tomorrow, Monday 6th November, from 12.00 to 1.30pm in Bethel, Baker Street. It will be organised by friends from St Mair's and St Michael's. *Please support this event if you can.*
- **DBS checks.** Roger will be available in St Paul's **TOMORROW (Monday 6th November)** between 7 and 8pm to verify documentation for DBS checks. If you think you need to renew your DBS and have not already received an email about this (or if you're not sure) please have a word with Roger or with Ann Price. **IMPORTANT:** You will need to start the process on-line (it's quick and simple!) before coming in with your documents.
- **There are two varieties of Daily Bible Reading Notes** published by Scripture Union. Each cost £17 for the year's subscription for 2018. Samples available today from Sylvia Lutkins. Please order yours from me by **TOMORROW** Monday, November 6th.
- **The Tuesday Friendship group** will be welcoming Mr Robin Huw Bowen on Tuesday 7th November at 2-30pm to play his triple harp for us. We welcome all to join with us for this time of fun and culture. Robin always brings a lot of fun and friendship to us and makes our afternoon joyful.
- Come along to join in with **the Singers on Fridays at 7.15** for an hour of joyful singing.
- **Brand new! We now have a St Paul's Facebook Page!** We're still looking for volunteers to help run and contribute to the page, so if you'd like to get involved please contact Harriet at [hmsproductions@live.co.uk](mailto:hmsproductions@live.co.uk)  
Find us at [facebook.com/stpaulsaber](https://www.facebook.com/stpaulsaber) and don't forget to like and share the page!

- **Might you be able to give an occasional lift** to Jenny-Joanna and David, from Llanilar to church, on Sunday mornings? David, her husband, will be with her to help her get into your car and also to get her chair, which folds down, into your boot.  
Also... Sadly, Jenny-Joanna and David are **urgently having to find an adapted property**, either temporary or long-term.
- **Advent Boxes...** Messy Church would like to encourage members of the Messy Church congregation, and others, in their discipleship by sending home Advent Boxes. Each box (a shoebox!) would contain a small Nativity set, a version of the Nativity story and a prayer activity. The idea is that each family would keep the box for a few days and then pass it on to the next family. We hope that the boxes find their way back to St Paul's in time for Christmas. If you would like to take part and receive one of these boxes for a few days, please either sign the list on the notice board, or email Ann Price. (anninaber@gmail.com). In order to work out a sensible route for the boxes on their Advent journey we need to know your family name and where you live (name of village or area - not full address). If you know of another family taking part, and you see them frequently and know it would be easy to pass a box onto them, or receive one from them, please tell us their family name as well. Please pray that God would use these boxes to help our families to focus on the reality of Emmanuel, God with us, during all the rush and business of getting ready for Christmas.
- **Safeguarding:** The Independent Inquiry into Child Sexual Abuse are setting up the *Truth Project*. They would like to hear from anyone who was sexually abused as a child and let down by an organisation that should have protected them. There is a poster on the notice board with more information. If you wish to contact them you can visit the website - [www.iicsa.org.uk](http://www.iicsa.org.uk) - or phone 0800 917 1000.
- **You are invited for a convivial coffee on Saturday 25<sup>th</sup> November 10.00-12.00 at St. Pauls**, in aid of children in this area, many of whom are struggling with responsibilities beyond their years, and need support.  
There will be books, cakes, mince pies, cards etc. and jolly company. Save yourself baking and come and buy delicious (freeze-able!) home-made fare in aid of a great cause.  
This is a good time to clear out the books you have read, and children's games and puzzles, which others might enjoy. Contributions to other stalls also welcome. Items may be dropped off at 6.00pm on Friday 24th, or left and labelled. Tickets for sale for only £1 from committee members from this Sunday (John Thomas, Dorothea Havard, Sue Barclay, Liz Nicol and Liz Lee). Donations of money also gratefully received.  
**Thanks to all of you, on behalf of the children, for your continued support.**  
Liz Lee

- **Weekday Coffee Bar Volunteers needed!** Even just once a month could make a huge difference to the rota and **it's such a valuable service to the community, including new students, and to visitors.** If interested, please contact Jenny Smith.
- If anyone would like to provide **cakes and snacks for P & P** (approximately 30 students) at the Manse during term time, 7.45 pm start, please sign up on the list in the concourse. Many thanks, Sara
- **Fairtrade Chocolate Advent Calendars.** Place your orders now - there are 3 to choose from: The Real Advent Calendar (a chocolate behind every door plus a mini Christmas story booklet - £3.99) and two from Divine also with a chocolate behind every door - milk (£3.99) and dark (£4.99). Order from Arnold without delay.
- **ON SUNDAY DECEMBER 3RD, AT 3PM,** our minister, Roger, will be leading the service in the Faith Room at the hospital. If anyone would like to join him at that service, you would be very welcome.
- **ON WEDNESDAY DECEMBER 6TH, AT 7PM,** there will be a BIG Carol Service in the Great Hall. The guest speaker is J.John. If you haven't heard of him, look him up on Google. He is a very gifted communicator, and has led many large and small outreach events. The Christian Union, the local Churches and the community are partnering together to plan and lead this service. There are 4 opportunities to be involved:
  - 1) Join a group praying for the event.** The first of these prayer meetings will be here at St Paul's, on Saturday 11th November, at 7pm, and the second will be Tuesday 14th November, at 8am at St Mike's. (Please be praying about it anyway, whether or not you want to be part of the prayer meetings.)
  - 2) Join a choir** drawn from several Churches around the town, plus students. The first rehearsal will be here at St Paul's on Thursday 16th November, at 7pm in the Octagon.
  - 3) Become part of a "response team",** who will be at the Carol Service to help with anyone who makes a response; this will involve taking people to a side room, praying with them, and making a note of their details so they can be linked to a local Church. There is training for this, and the next one is being offered on Monday 20th November, from 6-7pm, at Elim.
  - 4) Please be praying about who you could invite,** and be prepared to bring them along. This isn't just a Carol service for Christian believers - it's for the community, and is specifically an outreach event. So plan to bring someone else along.

**There will be more details in future Notices.** If you can help, particularly with 2 & 3 above, please have a word with me.

Thanks, God bless, Roger

- **ALL KITCHEN USERS:** There are several groups and activities that are using the kitchen on a regular basis, which puts immense pressure on the available space in the fridge and freezer. It is vital that good food safety practices are implemented at all times.

**Freezer:** Regretfully the freezer can only be used by the coffee bar. The only exception to this is if you bring ice-cream for a particular event and it needs to be kept frozen. Please dispose of any remaining ice-cream as you see fit. Any items left in the freezer not for coffee bar use will be disposed of.

**Fridge:** The coffee bar has priority. Any other groups preferably should dispose of surplus food as they see fit. Any food left by other groups must be labelled and dated, and if opened can only be kept for 3 days. If unlabelled and undated it will be disposed of. There is a second fridge in room 3 that is available for use but its temperature control is unreliable.

It is also **good practice** to keep things reasonably tidy, so please can everyone put things back where they found them rather than just anywhere. When you do that someone else has to sort it all out! If you have any queries please contact Jenny Smith.

These notices can be made available in a large print format.  
Please tell us if you would like a copy printed next week.

**Notices sent to your Inbox**

If you would like to join the *circulation list* for a weekly email copy of the notices, please send an email request to [stpaulsnotices@hotmail.com](mailto:stpaulsnotices@hotmail.com) or speak to Neil Taylor

Please send notices for the next copy ...

... before *midday* of Wednesday either by

(PREFERABLY) emailing\* them to: [stpaulsnotices@hotmail.com](mailto:stpaulsnotices@hotmail.com)

If you *cannot* use email you may leave them in the 'N' or 'Notices' pigeon-hole at St Paul's, or post them to 'NOTICES, St Paul's Methodist Centre, Queen's Road, Aberystwyth'

\* (If you are looking at this online, please do **not** submit new notices by replying to the mailing list)

**Please let us know when any notice should be discontinued!**

**Lectionary readings this week:**

Joshua 3:7-17 \* Psalm 107:1-7, 33-37 \* 1 Thessalonians 2:9-13 \* Matthew 2:1-12  
(from: [lectionary.library.vanderbilt.edu/Revised Common](http://lectionary.library.vanderbilt.edu/Revised Common))

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– Services and preachers for next Sunday –

**St Paul's Aberystwyth**

**10.30 am in English** – David Lowe

**10.30 am in Welsh** – Rev Marty Presdee (Communion service)

**6.00 pm** [Traditional] – Rev Roger Hides (Communion service)

**6.00 pm** [Open Space] – Dionne Sherwood

**2.15 pm** – **Hafan Y Waun** – Sara Windsor-Hides

**2.30 pm Tregaron** [at Tregaron] – Bet Holmes

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**Room bookings in St Paul's:** If you would like to book a room in St Paul's  
– either for a church meeting or for use by an outside organisation – please contact the

Bookings Secretary, Ruth Flatman, on:

Email: [stpaulsbookings@gmail.com](mailto:stpaulsbookings@gmail.com)

Booking information including room hire charges can be found at:

[www.ceredigionmethodists.org.uk](http://www.ceredigionmethodists.org.uk) / [twitter.com/stpaulsaber](https://twitter.com/stpaulsaber)

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